

Quellenangaben zum Fachartikel „Förderung der Betätigungsbalance und deren Bedeutung für die psychische Gesundheit“ im Auftrag der Österreichischen Gesellschaft für Handlungswissenschaft (Austrian Association of Occupational Science, AOS), verfasst von Julia Unger, Magdalena Schlägl und Mona Dür in „praxis ergotherapie“, Ausgabe 05-2023:

AOS. (o. J.): Wir über uns. Wir stellen uns als österreichische Gesellschaft für Handlungswissenschaft vor. Download von
<https://austrianoccupationalscience.com/ueber-uns/>

Berding, J. (2022): Betätigungsbalance im Fokus ergotherapeutischer Evaluation. In: Helen Strelbel, Claudia Merklein de Freitas, C. & Florence Kranz (Hrsg.): Assessments in der Ergotherapie. Die (Re-)Evaluation kunden- und betätigungsorientiert gestalten. Bern: Hogrefe Verlag

Dür, M., Röschel, A., Oberleitner-Leeb, C., Herrmanns, V., Pichler-Stachl, E., Mattner, B., ... & Berger, A. (2021): Development and validation of a self-reported questionnaire to assess occupational balance in parents of preterm infants. *Plos one*, 16 (11), <https://doi.org/10.1371/journal.pone.0259648>

Dür, M., Steiner, G., Stoffer, M. A., Fialka-Moser, V., Kautzky-Willer, A., Dejaco, C., ... & Stamm, T. A. (2016). Initial evidence for the link between activities and health: Associations between a balance of activities, functioning and serum levels of cytokines and C-reactive protein. *Psychoneuroendocrinology*, 65, 138-148.

Dür, M., Unger, J., Stoffer, M., Drăgoi, R., Kautzky-Willer, A., Fialka-Moser, V., ... & Stamm, T. (2015). Definitions of occupational balance and their coverage by instruments. *British Journal of Occupational Therapy*, 78 (1), 4-15, <https://doi.org/10.1177/0308022614561235>

Edgelow, M., & Krupa, T. (2011): Randomized controlled pilot study of an occupational time-use intervention for people with serious mental illness. *American journal of occupational therapy*, 65 (3), 267-276.

Eklund, M., Brunt, D. & Argentzell, E. (2020): Perceived occupational balance and well-being among people with mental illness living in two types of supported housing, *Scandinavian Journal of Occupational Therapy*, 27 (6), 450-461, <https://doi.org/10.1080/11038128.2019.1622771>

Eklund, M., Orban, K., Argentzell, E., et al. (2017): The linkage between patterns of daily occupations and occupational balance: applications within occupational science and occupational therapy practice. *Scandinavian Journal of Occupational Therapy*, 24, 41–56, <https://doi.org/10.1080/11038128.2016.1224271>

Günal, A., Pekçetin, S., Wagman, P., Håkansson, C., & Kayıhan, H. (2022). Occupational balance and quality of life in mothers of children with cerebral palsy. *British Journal of Occupational Therapy*, 85 (1), 37-43.

Håkansson, C., Axmon, A., & Eek, F. (2016): Insufficient time for leisure and perceived health and stress in working parents with small children. *Work*, 55 (2), 453-461.

Håkansson, C., & Ahlborg Jr, G. (2018): Occupational imbalance and the role of perceived stress in predicting stress-related disorders. *Scandinavian Journal of Occupational Therapy*, 25 (4), 278-287.

Håkansson, C., Wagman, P. & Hagell, P. (2020) Construct validity of a revised version of the Occupational Balance Questionnaire, *Scandinavian Journal of Occupational Therapy*, 27, 6, 441-449,
<https://doi.org/10.1080/11038128.2019.1660801>

Håkansson, C., & Lexén, A. (2022). Work conditions as predictors of Swedish occupational therapists' occupational balance. 30, 4, 520-526, *Scandinavian Journal of Occupational Therapy*, 1-7.

Hynes, P. J. (2017). Occupational balance and childhood obesity - Exploring the Literature. *Occupational Science Europe Conference*, Hildesheim, Germany.

Korkea-aho, M. (2022). *Occupational balance supporting interventions for working-age adults with mental ill-health: a scoping review: OB-supporting interventions*. Jönköping University, School of Health and Welfare, HHJ, Dept. of Rehabilitation.

Kraxner, M., Aussermaier, H., Costa, U., Jäger, M. & Kälber, S. (2019). Begrifflichkeiten aus der Ergotherapie und Betätigungswissenschaft/Handlungswissenschaft. Download von <https://www.ergotherapie.at/sites/default/files/begriffe.pdf>

Lexen, A., Kåhlin, I., Erlandsson L-K, et al. (2020): Occupational health among Swedish occupational therapists: a cross-sectional study. *International Journal of Environmental Research and Public Health*, 17, 3379,
<https://doi.org/10.3390/ijerph17103379>

Matuska, K., & Barrett, K. (2019). Patterns of occupations. In: B. A. B. Schell & G. Gillen (Eds.), *Willard and Spackman's occupational therapy* (13th ed., pp. 212–220). Philadelphia: Wolters Kluwer.

Park, S., Lee, H. J., Jeon, B. J., Yoo, E. Y., Kim, J. B., & Park, J. H. (2021): Effects of occupational balance on subjective health, quality of life, and health-related variables in community-dwelling older adults: A structural equation modeling approach. *Plos one*, 16(2).

Pekçetin, S., & Günal, A. (2021): Effect of web-based time-use intervention on occupational balance during the Covid-19 pandemic. *Canadian Journal of Occupational Therapy*, 88 (1), 83-90.

Rosoli, S. (2021): Gesamtergebnisse der online-Umfrage „Ich glaub‘ ich krieg‘ die Krise“. Download von

https://www.arbeiterkammer.at/service/gbr/Beilage_Offensive_Gesundheit_Umfrage.pdf

Rodríguez-Fernández, P., González-Santos, J., Santamaría-Peláez, M., Soto-Cámara, R., & González-Bernal, J. J. (2021): Exploring the occupational balance of young adults during social distancing measures in the COVID-19 pandemic. *International Journal of Environmental Research and Public Health*, 18(11), 5809.

Röschel, A., Wagner, C., & Dür, M. (2022): Associations between occupational balance, subjective health, and well-being of informal caregivers of older persons based on a cross-sectional study. *BMC geriatrics*, 22(1), 1-9, <https://doi.org/10.1186/s12877-022-03124-1>

Salar, S., Pekçetin, S., Günal, A., & Akel, B. S. (2022): Time-use, occupational balance, and temporal life satisfaction of university students in Turkey during isolation period of COVID-19. *Journal of Occupational Science*, 29 (3), 284-294.

Stadnyk, R. L. (2014): Occupational justice In: Christiansen CH, Townsend EA, editors. *Introduction to Occupation: The Art of Science and Living*, 307-336.

Strebel, H., Merklein de Freitas, C. & Kranz, F. (2022): Assessments in der Ergotherapie. Die (Re-)Evaluation klienten- und betätigungsorientiert gestalten. Bern: Hogrefe Verlag

To-Miles, F., Häkansson, C., Wagman, P., & Backman, C. L. (2022). Exploring the associations among occupational balance and health of adults with and without inflammatory arthritis. *Arthritis care & research*, 74(1), 22-30,

Unger, J., Schlägl, M. & Dür, M. (2023): Welche Möglichkeiten für Initiativen und Maßnahmen zur Beeinflussung der Betätigungsbalance von Ergotherapeut*innen sehen Professionsangehörige? Workshop am 11.03.2023 im Zuge der Fachtagung „Psychische Gesundheit – Aufgabe und Herausforderung für mich und meine Patient*innen“ von Ergotherapie Austria, Salzburg.

United Nations (Hg), The Sustainable Development Goals Report 2022 (2022); <https://unstats.un.org/sdgs/report/2022/The-Sustainable-Development-Goals-Report-2022.pdf> (4.4.2023)

Wagman, P., Häkansson, C., & Björklund, A. (2012): Occupational balance as used in occupational therapy: A concept analysis. *Scandinavian journal of occupational therapy*, 19(4), 322-327, <https://doi.org/10.3109/11038128.2011.596219>

Wagman, P., & Häkansson, C. (2014): Introducing the occupational balance questionnaire (OBQ). *Scandinavian journal of occupational therapy*, 21(3), 227-231, <https://doi.org/10.3109/11038128.2014.900571>

World Health Organization (Hg), The impact of COVID-19 on health and care workers: a closer look at deaths. Working paper (2021);

<https://apps.who.int/iris/bitstream/handle/10665/345300/WHO-HWF-WorkingPaper-2021.1-eng.pdf?sequence=1&isAllowed=y> (4.4.2023)